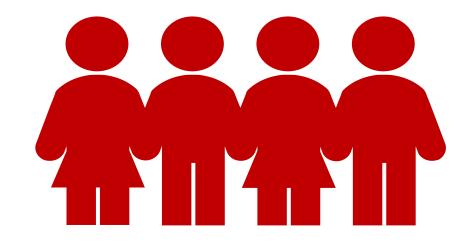
# What To Do During a Psychiatric Crisis: Understanding Maryland's Emergency Evaluation Processes



Sarah Edwards, DO Associate Professor of Psychiatry and Pediatrics, UMSOM Director and Medical Director, Division of Child & Adolescent Psychiatry

Stephanie Knight, MD Assistant Professor of Psychiatry, UMSOM Director and Medical Director, Midtown Division Chief of Psychiatry, UMMC Midtown

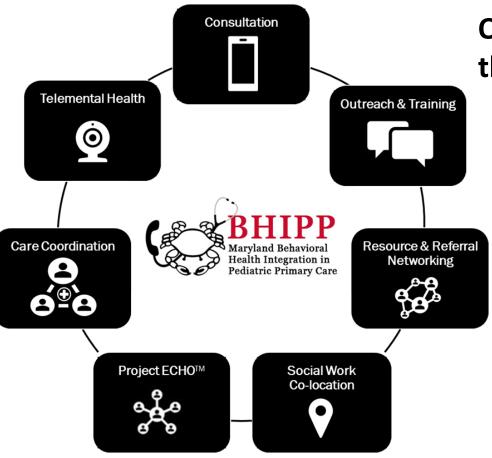


# Disclosures

• None



# Who We Are – Maryland BHIPP



# Offering support to pediatric primary care providers through free:

- Telephone consultation (855-MD-BHIPP)
- Resource & referral support
- Training & education
- Regionally specific social work co-location (Salisbury University and Morgan State University)
- Project ECHO®
- Direct telemental health services:
  - Care coordination
  - Psychiatry
  - Psychology
  - Counseling



# Partners & Funding

BHIPP is supported by funding from the Maryland Department of Health, Behavioral Health Administration and operates as a collaboration between the University of Maryland School of Medicine, the Johns Hopkins University School of Medicine, Salisbury University and Morgan State University.











# Goals & Objectives

# After completion of the lecture, learners will be able to:

- Describe circumstances which necessitate completing a Maryland emergency petition
- Outline the process of emergency petitioning someone
- Learn the difference between an emergency petition and the psychiatric certification process
- Describe what happens when a person is involuntarily committed to a psychiatric unit





# Emergency Evaluations: What Do You Do?

I am worried about my...patient/friend/family member. They told me they... want to die/they are worried someone is poisoning their food and stopped eating.

How do I get them evaluated for psychiatric help if they can't/will not go voluntarily?



# **Emergency Petition (EP)**

Statutes guiding emergency evaluations and involuntary psychiatric commitment are different in every state!

In Maryland:

- An EP enables an individual to be brought to the ED for evaluation if they have a mental health disorder and demonstrate concerning behaviors (presenting a danger to life or safety of the individual or others).
- Not the same thing as a "72-hr hold"
- Doesn't guarantee a psychiatric admission
- Helps assist individuals whose mental illness makes them unable to recognize their need for treatment



Maryland

## The Blame Game & Stigma





# Lack of awareness into one's own condition

#1 cause of delayed treatment in people with serious/severe mental illness (SMI)

Video<sup>3</sup> courtesy of Treatment Advocacy Center, https://www.treatmentadvocacycenter.org/index.php



# **Emergency Petition Criteria**

Mental illness - not intellectual disability and not substance use only Danger - may be passive (not eating or drinking, neglect of medical conditions) or active (assault)



# **Emergency Evaluation Process**



# Three Ways Someone Can Be Emergency Petitioned

2. Qualifying Clinician

- Can serve as petitioner AND transport, or just transport of evaluee if #2 or #3 processes enacted.
- If petitioner, must observe the evaluee (but not necessarily the behavior) to determine whether criteria are met
- Transports patient to the closest ED for eval

- Includes physicians, psych NPs (not Family NPs or other specialty APPs), psychologists, LCSW-Cs, LCPCs, LMFTs
- Must have personally examined the patient





 $\mathbf{\omega}$ 



• Requests an EP directly from the court. Judge will review, hear petitioner testimony, and decide whether the potential evaluee meets the statutory criteria.

• Least common means of EPs

 Once signed by the judge, the EP is given to law enforcement and is actionable/valid x 5 days only. Officers locate the evaluee and bring them to the nearest ED.



1 des	🖗 🗆 CIRCUIT COU	RT 🗆 DISTRICT CO	URT OF	MARYLAND	FOR	v City/County
CON .	Located at			Case No.		City/County
DICIAF		Court Address		Case No.		
the M	latter of					
	(Ma	PETITION FOR EM				
e netit	tioner,					rgency evaluation of
e peur	Na Na	ame of Petitioner	-			igency craidation of
	Name of Person to be Evalua	ited (Evaluee) and in	support of t	this petition state	s as iollows:	
1	Petitioner: Address					
	Cell Phone/Pager #	Home	Phone		Work Phon	e
	If petitioner is a physician			licensed clinical		
	• • • •	atric and mental health nu			•	
	marriage and family thera	pist, or health officer or d	esignee of a	health officer w	ho has exami	ied the evaluee,
	then the petitioner's specia	alty is	a	nd the petitioner	s license num	ber is
	Relationship to or interest	in evaluee				
2.	Evaluee: Address				DOF	3
	Sex Race	Ht Wt	Hair	Eyes	Complex	ion
	Other					
3.	If not petitioner, name of	spouse, child, parent, or o	ther relative	e, or other individ	lual interested	in the evaluee:
	Name	Relation	nship			
	Address					
	Home Phone	Work Pho	one			
4	A petition for emergency	evaluation of the evaluee	was filed pr	reviously on		
	and was granted d				]	Date
	The evaluee has been hos		following f	addition:		
5.	The evaluee has been hos	pitalized in the past at the	10110Willg 1	actitues.		
	When	Where			Diagnosis	
	When	Where			Diagnosis	
6.	The evaluee currently is r	eceiving psychiatric treatr	nent from:			
	Name	Address			Phone	
-	Name	Address			Phone	
7.	The evaluee has been pres	scribed the following med	ication for t	their mental disor	der:	
	The evaluee is is is n medication as prescribed.		s prescribed	i OR 🗌 I do not	know whethe	r the evaluee is takir
9.	The evaluee is demonstrate	ting the following behavio	or that leads	me to conclude t	that they curre	ently have a mental
	disorder:	(Attach addition	al al anti de la			
		(Attach addition	lai sneets ii ne	cessary)		
10.	The evaluee presents a da	nger to the life or safety o	f the evalue	e or others becau	ise:	
		74 H 1 1 1 1 1 1 1	1.1			
11	The evaluee has access to	(Attach addition the following firearms/w		cessary)		
I sol	lemnly affirm under the wledge, information, and	penalties of perjury that	-	ts of this docum	ent are true	to the best of my
	<b>J</b> . <b>/</b>					
	Date		Petitioner			
			Fax		E-mail	
	PETITIONER: You may f an evaluation is ordered, it				e statements ab	

emergency facility authorities with all information that is pertinent to this petition. A petitioner who, in good faith and with reasonable grounds, submits or completes the Petition for Emergency Evaluation is not civilly or criminally liable for submitting or completing the

petition.

**Emergency Petition Form** 

### https://www.courts.state.md.us/sites/default/files/cou rt-forms/courtforms/joint/ccdc013.pdf/ccdc013.pdf

#### Cc-DC-013 (Rev. 12/09/2020) Page 1



# Filling out the EP

- --

In the Matter of

m me i							
				R EMERGEN ealth General			
The pet	itioner,			, rec	uests that this o	ourt order an emerg	ency evaluation of
_		Name of I		and in support	of this petition s	tates as follows:	
	Name of Person to be	Evaluated (Evaluated (	aluee)				
1.	Petitioner: Address						
	Cell Phone/Pager #			Home Phone		Work Phone	
	If petitioner is a phy nurse specialist in p marriage and family	sychiatric an	d mental he	alth nursing, psy	chiatric nurse p	ractitioner, licensed	l clinical
	then the petitioner's	specialty is			and the petitic	ner's license numbe	er is
	Relationship to or in						
2.	Evaluee: Address					DOB	
	Sex Race						
	Other					1	
3.	If not petitioner, na					lividual interested in	n the evaluee:
	Name	-					
	Address						
	Home Phone		W	ork Phone			
4.	A petition for emergent and was   granted		tion of the e	valuee was fileo	l previously on	Da	te

- --

- ....

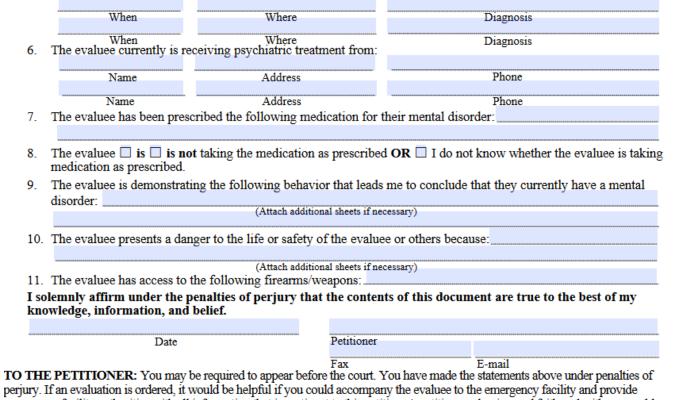
### Petitioners:

 Physician, psychologist, LCSW-C, LCPC, psych NP, LMFT, or health officer or designee of health officer who has examined the individual



# Filling out the EP

5. The evaluee has been hospitalized in the past at the following facilities:



**TO THE PETITIONER:** You may be required to appear before the court. You have made the statements above under penalties of perjury. If an evaluation is ordered, it would be helpful if you could accompany the evaluee to the emergency facility and provide emergency facility authorities with all information that is pertinent to this petition. A petitioner who, in good faith and with reasonable grounds, submits or completes the Petition for Emergency Evaluation is not civilly or criminally liable for submitting or completing the petition.

- Your job is to draw a complete and vivid portrait of a person with disturbance in mental functioning so serious that the individual should be evaluated at the hospital
- Never be vague, very detailed!



#### A. Duties of Peace Officer

- Caution to Petitioner. A peace officer shall explain to a physician, psychologist, clinical social worker, licensed clinical professional counselor, clinical nurse specialist in psychiatric and mental health nursing, psychiatric nurse practitioner, a licensed clinical marriage and family therapist, or a health officer or designee of a health officer, who presents a petition to the peace officer:
  - a. the serious nature of the petition; and
  - b. the meaning and content of the petition.
- Delivery to Facility. To the extent practicable, a peace officer shall notify the emergency facility in advance that the peace officer is bringing an emergency evaluee to the emergency facility. A peace officer shall bring an evaluee to the nearest emergency facility if the officer has a petition that:
  - a. has been endorsed by a court within the last five (5) days; or
  - b. is signed and submitted by a physician, psychologist, clinical social worker, licensed clinical professional counselor, clinical nurse specialist in psychiatric and mental health nursing, psychiatric nurse practitioner, a licensed clinical marriage and family therapist, or a health officer or designee of a health officer, or peace officer.
- Documentation of Delivery. A peace officer shall complete a Return of Service by Peace Officer form (CC-DC-027) and have an agent for the emergency facility sign the form.
- 4. Remaining with Evaluee.
  - a. After a peace officer brings an evaluee to an emergency facility, the officer need not stay unless, because the evaluee is violent, emergency facility personnel ask the supervisor of the peace officer to have the peace officer stay.
  - b. A peace officer shall stay until the officer's supervisor responds to the request for assistance.
- 5. Return of Service. A peace officer shall file a completed Return of Service with the court issuing the Endorsement and Order immediately after an evaluee is delivered to an emergency facility or immediately after expiration of the five-day period for taking the evaluee into custody.
- B. Duty of Supervisor. A supervisor shall allow a peace officer to stay with a violent evaluee.
- C. Duties of EmergencyFacility
  - 1. Documentation of Delivery. An agent of the emergency facility shall sign the Return of Service by Peace Officer form completed by a peace officer transporting an evaluee to the emergency facility.
  - 2. Examination. If emergency facility personnel ask that a peace officer stay, a physician shall examine the evaluee as promptly as possible to determine whether the evaluee meets the requirements for involuntary admission. In any event, a physician shall examine an evaluee within six (6) hours after an officer brings the evaluee to the emergency facility.
  - 3. Release or Admission. Promptly after an examination, an evaluee shall be released unless the evaluee:
    - a. asks for voluntary admission; or
    - b. meets the requirements for involuntary admission.
  - Detention Period. An emergency evaluee may not be kept at an emergency facility for more than thirty (30) hours.

# **Emergency Petition Form**

# https://www.courts.state.md.us/sites/default/files/court-forms/courtforms/joint/ccdc013.pdf/ccdc013.pdf

### Cc-DC-013 (Rev. 12/09/2020) Page 2



# You need another form! Certification By Peace Officer

ID Number

#### **CERTIFICATION BY PEACE OFFICER**

I am a  $\Box$  sheriff,  $\Box$  deputy sheriff,  $\Box$  State police officer,  $\Box$  county police officer,  $\Box$  municipal or other local police officer, or  $\Box$  Secret Service agent who is a sworn special agent of the United States Secret Service or Department of Homeland Security authorized to exercise powers delegated under 18 U.S.C. § 3056.

(emergency facility) for evaluation.

Date	and	Tin	ıe	

Peace Officer

Department

#### CERTIFICATIONS BY OTHER PERSON QUALIFIED UNDER HG § 10-622 AND PEACE OFFICER

I am a physician, psychologist, clinical social worker, psychiatric and professional counselor, clinical nurse specialist in psychiatric and mental health nursing, psychiatric nurse practitioner, a licensed clinical marriage and family therapist, health officer or designee of a health officer. I have examined (Evaluee). Based on the examination or other information, I have reason to believe that the Evaluee has a mental disorder and presents a danger to the life or safety of the Evaluee or others and, in accordance with Maryland Code, Health-General Article § 10-622, have completed the attached Petition for Emergency Evaluation and have requested a peace officer to take into custody and transport the Evaluee to the nearest emergency facility for evaluation by a physician. The Peace Officer explained to me

Date and Time

Physician or other Qualified Person under HG § 10-622

License No.

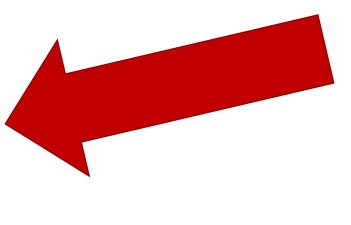
I have explained to the Petitioner the serious nature of the Petition and the meaning and content of the Petition.

the serious nature, meaning, and content of the Petition and I asked the officer to proceed.

https://www.courts.state.md.us/sites/default/files/courtforms/courtforms/joint/ccdc014.pdf/ccdc014.pdf

CC-DC-014 (Rev. 12/2020)

#### Give to a peace officer – you sign the bottom of the form





# **Roadmap for Clinicians Filing EPs**

Complete Certification by Peace Officer form Patient will be brought to closest ED for evaluation

Complete EP form Describe concerns in detail!

Call 911 for police to pick up the completed EP. They may request that you drop off at police station (jurisdiction of patient's location).

# Filling out the EP – Lessons Learned

- Be prepared have an office policy, forms, etc.
- It takes time to complete the forms and have police pick up/you drop off the EP
- You want evaluators in the ED to call you for information; <u>your concern and information matters</u> so be available, give your cell phone
- Keep in mind the function of an EP patients may be evaluated and discharged...they return to you
- Don't use blue ink







# Mental Health Law & the EP Process

- Emergency evaluation statutes are some of the oldest risk reduction methods in mental health care
- EP documents *must* include a description of the person's behavior and statements, plus other info that led the petitioner to believe that the evaluee (a) has a mental disorder, and (b) presents a danger to the life or safety of the individual or others.
  - Does *not* require imminent danger
  - Specifically solicits petitioner's knowledge about evaluee having firearms bc of previous incidents
- 2022 legislative session --> SB2 passed to allow for electronic EP forms and electronic transmission of EP paperwork. Effective 10/1/22.





# Why the Rush? Can't You Just Wait Until They're Agreeable?



- Timely treatment is critical
  - Dangerous symptoms that risk the life or safety of the person or others constitute an emergency!
  - Treatment delays associated with neuronal damage, worsening sxs, poorer prognosis<sup>1</sup>
  - For pts with psychotic disorders, increase in duration of untreated psychosis from 1 week to 4 weeks associated with > 20% more severe symptoms<sup>2</sup>
- Prompt treatment of severe mental illness can minimize the social consequences of untreated SMI like homelessness, arrest, and incarceration.<sup>3</sup>
- Emergency petition processes allow for the transport of an evaluee to the nearest ED, even without their consent.



# **Admission Process**



# Voluntary Admission Form

#### PHY\$ICIAN'\$, P\$YCHOLOGI\$T'\$ or P\$YCHIATRIC NUR\$E PRACTITIONER'\$ ENDOR\$EMENT

As of 2018, pts with

guardians of person CAN be

admitted voluntarily, as long

as the person retains the

tenets of a voluntary

application. There are

applications for psych

admission for disabled

separate voluntary

adults.

capacity to understand the

ned	, and I find that:		
The individual has a mental disorder;			
-			
	•		
-	t to retention by the facility; a	nd	
The individual is able to ask for release.			
at I am duly licensed to practice medicine in the 305, Annotated Code of Maryland.	State of Maryland, pursuant t	to the Health C	Occupations
at I am licensed under the Health Occupations A in the State of Maryland.	rticle, Title 18, Annotated Coo	le of Maryland,	to practice
		e of Maryland,	to practice
of Physician, Psychologist or Psychiatric Nurse Practiti	oner Add	ress	
	The individual has a mental disorder; The mental disorder is susceptible to care or tree The individual understands the nature of the re The individual is able to give continuous assent The individual is able to ask for release. at I am duly licensed to practice medicine in the 305, Annotated Code of Maryland. at I am licensed under the Health Occupations A in the State of Maryland. at I am licensed under the Health Occupations A a psychiatric nurse practitioner in the State of Maryland.	The individual has a mental disorder; The mental disorder is susceptible to care or treatment; The individual understands the nature of the request for treatment; The individual is able to give continuous assent to retention by the facility; a The individual is able to ask for release. at I am duly licensed to practice medicine in the State of Maryland, pursuant to 305, Annotated Code of Maryland. at I am licensed under the Health Occupations Article, Title 18, Annotated Code in the State of Maryland. at I am licensed under the Health Occupations Article, Title 8, Annotated Code in the State of Maryland.	The individual has a mental disorder; The mental disorder is susceptible to care or treatment; The individual understands the nature of the request for treatment; The individual is able to give continuous assent to retention by the facility; and The individual is able to ask for release. at I am duly licensed to practice medicine in the State of Maryland, pursuant to the Health C 305, Annotated Code of Maryland. at I am licensed under the Health Occupations Article, Title 18, Annotated Code of Maryland, in the State of Maryland. at I am licensed under the Health Occupations Article, Title 8, Annotated Code of Maryland, at I am licensed under the Health Occupations Article, Title 8, Annotated Code of Maryland, at I am licensed under the Health Occupations Article, Title 8, Annotated Code of Maryland, at I am licensed under the Health Occupations Article, Title 8, Annotated Code of Maryland, in the State of Maryland. at I am licensed under the Health Occupations Article, Title 8, Annotated Code of Maryland, in the State of Maryland.

The services and programs of the Maryland Department of Health are provided on a non-discriminatory basis and in compliance with Article VI of the Civil Rights Act of 1964. Any complaints regarding alleged discrimination may be filed in writing with the Director, Behavioral Health Administration, Spring Grove Hospital Center, 55 Wade Avenue, Dix Building, Catonsville, MD 21228 and the Office of Civil Rights, U.S. Department of Health and Human Services, 150 S. Independence Mall West, Suite 372, Philadelphia, PA 19106-3499.

Application for Voluntary Admission must be on this form [Health-General Article, §10-609(b)(1)]

# Voluntary Admission of a Disabled Adult

	, o			
Name of Physician, Psychologist, or Ps	sychiatric Nurse Practitior	ner Nam	e of Facility or Offic	e Address Telephone Numbe
ertify that on//20	_, I personally examin	ed:		
Name of Disabled Person:				
Address of Disabled Person:	Last		First	MI
Street	City	State	County	Telephone Number
Hispanic or Latino Origin: 🗌 y Race (check all applicable racio				
Race (check all applicable racia American Indian or A Asian Black or African Am	al categories): Alaska Native erican other Pacific Islander			
Race (check all applicable racia American Indian or A Black or African Am Native Hawaiian or White Name of Guardian of th	al categories): Alaska Native erican other Pacific Islander			Telephone Number

Catonsville, MD 21228

#### APPLICATION FOR VOLUNTARY ADMISSION OF A DISABLED PERSON

This application must be accompanied by two (2) Certificates - MDH Form #2B Physician's, Psychologist's or Psychiatric Nurse Practitioner's Certificate to Accompany Application for Voluntary Admission of a Disabled Person (Health-General Article, §10-611, Annotated Code of Maryland).

To the Administrative Head of:

Name of Facility

I hereby apply for voluntary admission to your facility for the care or treatment of a mental disorder pursuant to the provisions of Health-General Article, §10-611, Annotated Code of Maryland, which has been explained and provided to me (See law printed on reverse of this form.)

Printed Name of Applicant

Signature of Applicant

Address

Date of Birth

Telephone Number

Date

Name of Guardian of the Person:\_

Address

City, State, Zip

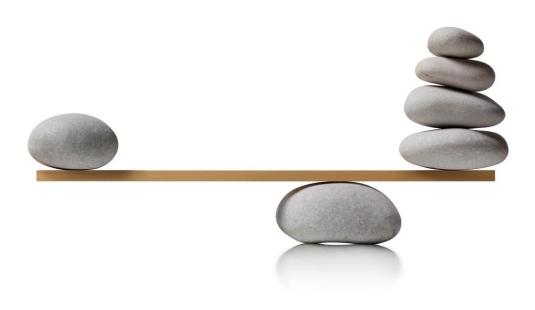
Telephone Number

Time



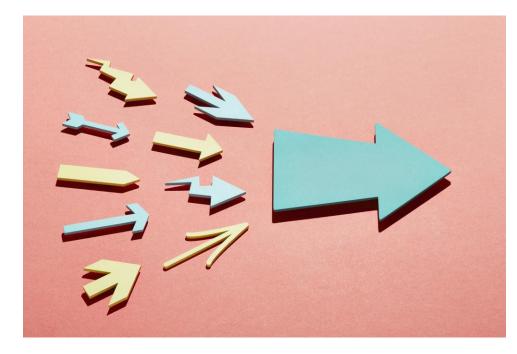
# Involuntary Psychiatric Hospitalization & Civil Commitment

- Maryland is very patient rights centered, one of only 3 states in the country without an enforceable outpatient civil commitment statute
- Challenging balance between need for treatment and individual rights, especially when anosognosia is so prevalent
  - 2012 analysis of state Medicaid data showed that < 1% of the population of Marylanders with SMI accounted for 25% of all ED visits that year
  - Not uncommon for folks with SMI to go to local EDs > 6 times each year
  - Would the patient make the same choice to avoid treatment if they had insight into their illness and its consequences??





# Involuntary Psychiatric Hospitalization & Civil Commitment



- Involuntary admission only the 1<sup>st</sup> step in commitment process
- Involuntarily admitted pts must have a hearing with an administrative law judge (ALJ) within 10 days of their confinement on the inpatient unit to determine whether they meet state criteria for involuntary commitment
  - Confinement as a "legal" and temporarily restriction of civil rights, so must be checked by judicial authority
  - ALJ hearing ensures that processes have been followed accurately, confirms pt rights weren't further limited or violated during the process of involuntary admission
  - Hearings currently virtual only (due process??)
  - Possible hearing outcomes: postponement, retained, released on merit, released on technicality

# **Civil Commitment Process**



- Not everyone who's admitted involuntarily will have a civil commitment hearing
- Inpatient team determines legal course based on situational, administrative, and clinical factors. The team can choose to:
  - **Postpone** the IVA hearing Need more time to get to know the patient and determine recommended care
  - Offer a voluntary application for admission (which cancels the IVA hearing) – If pt providing continuous assent to care, taking meds, going to groups, not being aggressive, etc.
  - Proceed with the civil commitment hearing if the pt meets IVA criteria (often pts aren't taking meds or engaging in care either)

# **Civil Commitment Process**

- Hearings occur on designated days at each civil and forensic facility/unit in the state
- Hearing structure:
  - Hospital represented by a lay person trained in the hearings (usually not an attorney).
  - Pt can hire a private attorney, represent themselves, or make use of free representation by the Office of Public Defender (Mental Health division).
  - ALJ hears testimony and arguments on the technical and clinical aspects of pt's admission.
  - Burden of proof is on the hospital, which has to prove by "clear and convincing evidence" that the patient has met the criteria for admission.

# **Civil Commitment Process**

# • Civil commitment criteria:

- Do they have a mental illness?
- Do they require inpatient level of care?
- Are they a danger to themselves and/or others?
- Are they unwilling or unable to be a voluntary patient?
- Has the patient failed a less restrictive level of care?
- Family members and outpatient providers may be asked to provide testimony during the IVA hearing. Anyone testifying (including loved ones, physicians, the patient, etc.) will undergo direct examination by the hospital representative and be cross-examined by the PD.
- Testimonies are given under oath. Physicians may be qualified as expert witnesses in their field prior to testifying. Hearsay is admissible bc of the administrative nature of the hearing.

# Does Civil Commitment Reduce Risk of Future Violence?

- ALJs must consider the firearms provision in Health-General §10-632(i):
  - Allows the ALJ in a second finding based only on dangerousness *to others* to "order the individual....to (1) surrender to law enforcement authorities any firearms in the individual's possession; and (2) refrain from possessing a firearm unless...granted relief from firearms disqualification...."
  - The statute, as written, does <u>not</u> permit the ALJ to order surrender of firearms based solely on dangerousness to self (may be that's where an ERPO could come in handy!). Such individuals are reported to the Maryland Department of Health (MDH), which manages a database concerning them. MDH in turn reports to both the State Police (who enforce the Public Safety Article) and to the FBI (who enforce federal restrictions, which differ slightly from state restrictions).
- Individuals subject to any of the above restrictions can petition for relief, formally requesting that their rights to possess firearms be returned. This is managed by the MDH Office of Court Ordered Evaluation and Placement (formerly, the Office of Forensic Services).



## EP vs. ERPO

- Duty to protect: §5-609 of the Courts and Judicial Proceedings article of the Annotated Code
  - Healthcare providers cannot be held liable for the action of a patient unless "the patient indicated... by speech, conduct, or writing [his/her] intention to inflict imminent physical injury upon a specified victim or group of victims."
  - If risk is imminent, provider has three (3) options to take protective action:
    - Seek civil commitment (EP the patient)
    - "Formulate a diagnostic impression and establish and undertake a documented treatment plan calculated to eliminate the possibility that the patient will carry out the threat;" or
    - "Inform the appropriate law enforcement agency and, if feasible, the specified victim or victims of:
      - "The nature of the threat;
      - "The identity of the patient making the threat; and
      - "The identity of the specified victim or victims."
  - §5-609 protects healthcare providers from liability regarding violating the patient's confidentiality if act in good faith, regardless of the course of action we choose to take



# Extreme Risk Protective Order (ERPO)

- Extreme Risk Protective Order (ERPO) Maryland's Red Flag law (est. 2017)
  - 13<sup>th</sup> state to pass a law allowing temporary restriction of access to firearms if someone poses a risk to others
  - Can be filed by spouse, any relative by blood/marriage/adoption, a co-parent, a current or former intimate or dating partner, current or former guardian, a law enforcement officer, or a medical professional who's examined the individual (MD was 1<sup>st</sup> state to include clinicians in the list of people who can file an ERPO)
  - ERPO can include an EP as part of the process, but this not required
    - ERPO alone does not require the petitioner to cite the cause of the risk.
    - ERPO must include information regarding the person's "behavior that leads me to believe he/she presents an <u>immediate</u> and present danger of causing personal injury to himself/herself, to me, or to others by possessing a firearm." There are several optional forms that may be appended to the petition (available online).
    - Forms must be filed at the District Court with the clerk (during business hours) or a District Court Commissioner (after hours). The petitioner is required to appear at a hearing. Under the statute, the commissioner or judge reviewing the petition must consider whether an EP is appropriate and, if so, to take appropriate action.
- Oct 2018 (first month of ERPO): 114 ERPO petitions filed, only 1 filed by a clinician<sup>5</sup>
- Gun in the home = triples the risk of suicide, doubles the risk of homicide<sup>6</sup>
- Maryland's red flag law currently ranked by Everytown as the #7 strongest gun law in the country



# Should You File an ERPO if Your Patient is Unstable and Has a Firearm?

- ERPO statutes provide liability protection for providers who file an ERPO in good faith, regardless of outcome
- ERPO does not provide similar protection for providers who opt not to file an ERPO for whatever reason
  - Per Dr. Erik Roskes, forensic psychiatrist "Providers [who] elect *not* to file an ERPO should document their reasoning in detail, noting that they have elected another course of action to mitigate the risk of harm (such as seeking civil commitment or an EP). One attorney I spoke with surmised that following the path laid out in the "Duty to Protect" section above *should* afford the provider the protection of the good-faith provision therein. Maryland Appellate law provides similar protection to providers who elect *not* to involuntarily commit a patient after making a decision that commitment criteria have not been met, expressly to eliminate any incentive that providers might curtail patients' liberty interests merely to avoid liability.
- Opportunities for process improvement:
  - ERPO petitions must be filed by the petitioner in district court
  - Burden on the petitioner, who can expect to testify at up to three (3) subsequent court hearings



## **ERPOs and Violence Prevention**

Suicide 581

Firearms were the most frequently used method of suicide in people aged 15-64 yrs old. 17,820 (48%) of people who suicided used a firearm.

Firearms were the #2 method of injury in the 10-14 yr old group (224 kids), behind suffocation.



## 10 leading causes of death in the U.S. in 2020 (CDC)

https://wisqars.cdc.gov/data/lcd/home

 Suicide was a top 10 cause of death in 7 of 10 age categories (36,840 people)



## **ERPOs and Violence Prevention**

Firearms were the **most frequently used method of homicide** in people aged 5-54 yrs old.

Homicide

311

#### 17,831 (83%) of homicides were committed with a firearm.

Firearms were the #2 method of injury in the 1-4 yr old group (75 kids), behind "unspecified."



## 10 leading causes of death in the U.S. in 2020 (CDC)

https://wisqars.cdc.gov/data/lcd/home

Homicide was the cause of death for
 21,380 people in the
 U.S. in 2020. It was a top 10 cause of death for people aged 1-54 yrs old.



# **ERPOs and Violence Prevention**

- Oldest red flag law in the U.S. = Connecticut (1999)
  - Risk-Based Gun Removal Law
  - Estimated by policy researchers to have saved 1 life for every 10.6 guns seized<sup>7</sup>
- Indiana: Red flag law reduced firearm suicides by an estimated 7.5% over 10 years, without an increase in suicides by other means<sup>8</sup>
- Lots of data about gun suicides and firearm removal laws on the Everytown site and its affiliates, <u>https://everytownresearch.org/report/gun-suicide-city-gun-violence/</u>



### References

- 1. Martone G. Is psychosis toxic to the brain? *Current Psychiatry*, April 2020, p12-13. <u>https://cdn.mdedge.com/files/s3fs-public/CP01904012.PDF</u>
- 2. Howes, O.D et al. The clinical significance of duration of untreated psychosis: an umbrella review and random-effects meta-analysis. *World Psychiatry*, 20(1), 75-95.
- 3. Treatment Advocacy Center, <u>https://www.treatmentadvocacycenter.org/index.php</u>
- 4.
- 5. Roskes E. "Laws Related to Maryland Psychiatrists' Role in Reducing Risk," Dec 2018, online. <u>https://mdpsych.org/resources/laws-related-to-maryland-psychiatrists-role-in-reducing-risk/</u>
- 6. Anglemyer, A., Horvath, T., & Rutherford, G. The Accessibility of Firearms and Risk for Suicide and Homicide Victimization Among Household Members: A Systematic Review and Meta-analysis. *Annals of internal medicine*, *160*(2):101-110 (2014), available at <u>http://annals.org/aim/fullarticle/1814426/accessibility-firearms-risk-suicide-homicide-victimization-among-household-memberssystematic</u>.
- Swanson, J et al. Implementation and Effectiveness of Connecticut's Risk-Based Gun Removal Law: Does It Prevent Suicides? Law and Contemporary Problems, 80, 179-208 (August 2016), available https://scholarship.law.duke.edu/cgi/viewcontent.cgi?article=4830&context=lcp
- 8. Kivisto, A. J., & Phalen, P. L. (2018). Effects of Risk-Based Firearm Seizure Laws in Connecticut and Indiana on Suicide Rates, 1981– 2015. *Psychiatric services*, 69(8):855-862 (2018), available at <u>https://ps.psychiatryonline.org/doi/10.1176/appi.ps.201700250</u>.

9.

https://everytownresearch.org/rankings/state/maryland/?gl=1%2A1sungvn%2A\_ga%2AMTkzNzUyMDY4MS4xNjY3NDQ3ND56%2A ga WV3EK3%2AMTY2NzQ0NzQyMC4xLjEuMTY2NzQ0NzQ3MC4wLjAuMA

# Questions?

# Thanks!

