

Presenter Information

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Links to Resources

Anxiety and Depression Association of American (ADAA)

Anxiety Disorders at School

- <https://adaa.org/find-help/by-demographics/children/anxiety-disorders-school>

Child Mind Institute

Back to School Anxiety

- <https://childmind.org/article/back-school-anxiety/>

How Does Anxiety Affect Kids in School?

- <https://childmind.org/article/classroom-anxiety-in-children/>

Treating Anxiety in Kids by Working With Parents

- <https://childmind.org/article/treating-anxiety-in-kids-by-working-with-parents/>

Johns Hopkins School of Medicine

5 Tips to Ease Back-to-School Anxiety

- <https://www.hopkinsmedicine.org/health/wellness-and-prevention/5-tips-to-ease-backtoschool-anxiety>

Maryland State Department of Education

Model Policy: Bullying, Harassment, or Intimidation

- <https://marylandpublicschools.org/about/Documents/DSFSS/SSSP/Bullying/MarylandsModelPolicyBullyingHarassmentIntimidation.pdf>

Bullying, Harassment, or Intimidation Reporting Form

- https://marylandpublicschools.org/about/Documents/DSFSS/SSSP/Bullying/BullyingReportingFormMSDE_060122.pdf

Mental Health America

Managing Anxiety in the Classroom

- <https://www.mhanational.org/blog/managing-anxiety-classroom>

SPACE Treatment

- <https://www.spacetreatment.net/>

WorryWiseKids.org

Sample Accommodations for Anxious Kids

- <https://www.worrywisekids.org/node/40>

American Academy of Pediatrics (AAP) healthychildren.org

School Avoidance: Tips for Concerned Parents

- <https://www.healthychildren.org/English/health-issues/conditions/emotional-problems/Pages/School-Avoidance.aspx>

Links to Screening Tools

Screen for Child Anxiety Related Emotional Disorders (SCARED)

- https://www.pediatricbipolar.pitt.edu/sites/default/files/assets/SCAREDChildVersion_1.19.18.pdf

Preschool Anxiety Scale

- <https://www.scaswebsite.com/portfolio/scas-pre-school-download-scale/>

School Refusal Assessment Scale – Revised Version

Child Scale

- <https://schoolavoidance.org/wp-content/uploads/2021/11/sras-child-version.pdf>

Parent Scale

- <https://schoolavoidance.org/wp-content/uploads/2021/11/SRAS-interactive-pdf-004.pdf>

Links to Research Articles

An Inhibitory Learning Approach to Cognitive-Behavioral Therapy for Children and Adolescents (McGuire & Storch, 2019)

- <https://pubmed.ncbi.nlm.nih.gov/31205406/>

Anxiety in the School Setting: A Framework for Evidence-based Practice (Jones, West & Suveg, 2019)

- <https://link.springer.com/article/10.1007/s12310-017-9235-2>

Child/Adolescent Anxiety Multimodal Study (CAMS): Rationale, Design, Methods (Compton et. al., 2010)

- <https://pubmed.ncbi.nlm.nih.gov/20051130/>

Maximizing Exposure Therapy: An Inhibitory Learning Approach (Craske et. al., 2014)

- <https://pubmed.ncbi.nlm.nih.gov/24864005/>

Lifetime Prevalence of Mental Disorders in US Adolescents: results from the National Comorbidity Survey Replication – Adolescent Supplement (NCS-A) (Merikangas, et. al., 2010)

- <https://pubmed.ncbi.nlm.nih.gov/20855043/>

Students with Anxiety in the Classroom: Educational Accommodations and Interventions (Killu, Marc & Crundwell, 2016)

- <https://journals.sagepub.com/doi/abs/10.1177/107429561602500205?journalCode=bbxa>