BHIPP Resilience Breaks: Talking about Race, Kids & Health

Presenter Information

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Links to Resources

• https://pediatrics.aappublications.org/content/144/2/e20191765

American Academy of Pediatrics: Talking to Children about Racial Bias
• https://www.healthychildren.org/English/healthy-living/emotional-wellness/Building-Resilience/Pages/Talking-to-Children-About-Racial-Bias.aspx

Physicians Weekly: Discussing Racism in the Primary Care Office

PediaLink: Fighting Racism to Advance Child Health Equity
• https://shop.aap.org/fighting-racism-to-advance-child-health-equity/

American Psychological Association: How to Discuss Race with Black Teens and Their Families
• https://www.apa.org/monitor/2021/01/ce-discuss-race

Yale Poorvu Center for Teaching and Learning: Racial Awareness
• https://poorvucenter.yale.edu/RacialAwareness

Maryland Behavioral Health Integration in Pediatric Primary Care: Anti-Racism Resources
• https://mdbhipp.org/anti-racism-resources.html

American Academy of Child and Adolescent Psychiatry: Anti-Racism Resource Library
Contemporary Pediatrics: *Racism in Pediatric Health: How to Talk to Children about Racism*


The National Academies Press: *Communities in Action - Pathways to Health Equity*

- [https://www.nap.edu/read/24624/chapter/1](https://www.nap.edu/read/24624/chapter/1)

National Museum of African American History and Culture: *Talking About Race*

- [https://nmaahc.si.edu/learn/talking-about-race](https://nmaahc.si.edu/learn/talking-about-race)

Parents: *12 Powerful Anti-Racism Books for Kids By Age*


Reach Out and Read: *Resources for Families*

- [https://www.reachoutandread.org/what-we-do/resources-2/](https://www.reachoutandread.org/what-we-do/resources-2/)

Diverse Books

- [https://diversebooks.org/resources/](https://diversebooks.org/resources/)

Embrace Race

- [https://www.embracerace.org/](https://www.embracerace.org/)

Raising Race Conscious Children

- [http://www.raceconscious.org/](http://www.raceconscious.org/)

The Brown Bookshelf

- [https://thebrownbookshelf.com/](https://thebrownbookshelf.com/)

The Conscious Kid

- [https://www.theconsciouskid.org/](https://www.theconsciouskid.org/)

Learning Justice (formerly Teaching Tolerance)

- [https://www.learningforjustice.org/](https://www.learningforjustice.org/)
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Podcasts on Race and Pediatrics

Pediatrics on Call
  • https://services.aap.org/en/pages/podcast/

Health and Home with the Hippocratic Hosts
  • https://hippocratichosts.com/

Reach Out and Read
  • https://reachoutandread.org/podcast/

What is Black
  • https://www.whatisblack.co/podcast

My American Melting Pot
  • https://myamericanmeltingpot.com/podcast/

Flesh and Bold
  • https://www.instagram.com/fleshnbold/?igshid=mirbtqr7b4&hl=en

NPR: Code Switch
  • https://www.npr.org/podcasts/510312/codeswitch