

Links to Resources

American Academy of Pediatrics: *Identification and Management of Eating Disorders in Children and Adolescents*

- <https://publications.aap.org/pediatrics/article/126/6/1240/64967/Identification-and-Management-of-Eating-Disorders>

Boston Children's Hospital: *An Overview of Pediatric Eating Disorders*

- <https://www.childrenshospital.org/conditions-and-treatments/conditions/e/eating-disorder>

National Eating Disorders Association: *Avoidant Restrictive Food Intake Disorder*

- <https://www.nationaleatingdisorders.org/learn/by-eating-disorder/arfid>

Stanford Children's Health: *Teens with Eating Disorders Benefit from Family Support*

- <https://www.stanfordchildrens.org/en/service/eating-disorders/family-support>

University of Michigan Health Lab: *Hospitalizations for Eating Disorders Spike Among Adolescents During COVID*

- <https://labblog.uofmhealth.org/rounds/study-hospitalizations-for-eating-disorders-spike-among-adolescents-during-covid>

Very Well Mind: *Difference Between Eating Disorders and Disordered Eating*

- <https://www.verywellmind.com/difference-between-disordered-eating-and-eating-disorders-5184548>

Eating Disorder Screening Tools for Children and Adolescents

Nine Item Avoidant Restrictive Food Intake Disorder Screen (NIAS) - Child

- https://peds.arizona.edu/sites/default/files/intake_forms-child_v12.2018.pdf

Children's Eating Attitudes Test

- http://www.adolescenthealth.org/SAHM_Main/media/Adol-Resident-Curriculum/7-0-EAT-Rating-Scale.pdf

Eating Disorder Screen for Primary Care (ESP)

- <http://www.mendedwingcounseling.com/wp-content/uploads/2014/08/ESP.pdf>

The SCOFF Questionnaire

- <https://www.verywellmind.com/the-scoff-questionnaire-1138316>

Children's Binge Eating Disorder Scale (C-BEDS)

- <https://pubmed.ncbi.nlm.nih.gov/16958120/>

Eating Disorder Centers in Maryland

Johns Hopkins Eating Disorders Program

- https://www.hopkinsmedicine.org/psychiatry/specialty_areas/eating_disorders

Eating Recovery Center

- <https://www.eatingrecoverycenter.com/news/eating-recovery-center-opens-treatment-center-mid-atlantic-region>

The Renfrew Center: Virtual Intensive Outpatient Program

- <https://renfrewcenter.com/node/1203>

The Center for Eating Disorders at Sheppard Pratt

- https://www.sheppardpratt.org/the-center-for-eating-disorders-at-sheppard-pratt/?utm_source=eruptr&utm_medium=cpc&cr=eating_disorders&utm_campaign=eating_disorders&gclid=Cj0KCCQiA3

Research Articles

Family-Based Treatment for a Preadolescent with Avoidant/Restrictive Food Intake Disorder with Sensory Sensitivity: A Case Report (Rosania & Lock, 2020)

- <https://www.frontiersin.org/articles/10.3389/fpsy.2020.00350/full>

Cognitive-behavioral therapy for avoidant/restrictive food intake disorder: Feasibility, acceptability, and proof-of-concept for children and adolescents (Thomas et al., 2020)

- <https://onlinelibrary.wiley.com/doi/10.1002/eat.23355>

Treatment of children and adolescents with avoidant/restrictive food intake disorder: a case series examining the feasibility of family therapy and adjunctive treatments (Spettigues et al., 2018)

- <https://jeatdisord.biomedcentral.com/articles/10.1186/s40337-018-0205-3>

Identification and Management of Eating Disorders in Children and Adolescents (Hornberger & Lane 2021)

- <https://pubmed.ncbi.nlm.nih.gov/33386343/>

COVID-19 and eating disorder and mental health concerns in patients with eating disorders (Vitagliano et al., 2021)

- <https://jeatdisord.biomedcentral.com/track/pdf/10.1186/s40337-021-00437-1.pdf>