New Nationwide Mental Health Crisis Hotline (coming July 16th, 2022)

988 – call or text in case of mental health emergency

- https://suicidepreventionlifeline.org/current-events/the-lifeline-and-988/

Crisis Support in Maryland

Maryland Crisis Hotline at 1-800-422-0009

Grassroots Crisis Intervention serving central Maryland

- https://www.grassrootscrisis.org/services/crisis-intervention/

Baltimore Crisis Response Inc. serving Baltimore City

- https://bcresponse.org/

Every Mind serving Montgomery County

- https://www.every-mind.org/

The Santé Group serving the Eastern Shore

- https://www.thesantegroup.org/where-we-work/eastern-shore-md/

Life Crisis Center serving the Eastern Shore

- https://lifecrisiscenter.org/

Mental Health Association of Frederick serving Western Maryland

- https://fcmha.org/

Community Crisis Services Inc. serving Southern Maryland

- https://www.communitycrisis.org/?page_id=1168#:~:text=Community%20Crisis%20Services%2C%20Inc.%20serves%20as%20the%20after-hours,suspect%20adult%20or%20child%20abuse%20or%20neglect.%20301-909-2450

Resources

Self-Injury Outreach and Support

- www.sioutreach.org

Cornell Research Program on Self-Injurious Behaviors in Adolescents and Young Adults

- www.selfinjury.bctr.cornell.edu


American Foundation for Suicide Prevention

- https://afsp.org/suicide-prevention-resources

Children’s Hospital Colorado:

Suicidal Ideation in Pediatric Patients


Pediatrician’s Guide to Non-Suicidal Self-Harm in Teenagers


American Academy of Pediatrics: Blueprint for Youth Suicide Prevention


American Academy of Pediatrics: Suicide Safety: Precautions at Home


Screening Tools

PHQ-9 for Adolescents


Ask Suicide-Screening Questions Toolkit


Emergency Department Suicide Risk Screening Pathway

Self-Injury (Nock, 2010)

- [https://www.annualreviews.org/doi/full/10.1146/annurev.clinpsy.121208.131258?casa_token=en-hm3_KA2hdoAAAAA%3AtH50qYpJxgUobI5RPLwC55z2DTAlIDgsGlmLYSdwtn3ZDAGNBb8W4CIgSglk-TCzSRPO_WkYVd4RQ](https://www.annualreviews.org/doi/full/10.1146/annurev.clinpsy.121208.131258?casa_token=en-hm3_KA2hdoAAAAA%3AtH50qYpJxgUobI5RPLwC55z2DTAlIDgsGlmLYSdwtn3ZDAGNBb8W4CIgSglk-TCzSRPO_WkYVd4RQ)

Revealing the form and function of self-injurious thoughts and behaviors: A real-time ecological assessment study among adolescents and young adults (Nock, Prinstein & Sterba, 2009)


- [https://www.sciencedirect.com/science/article/pii/S0165178106001351?casa_token=ss_ba_dUB77MAAAAA:4p8EtJzlpooM7mGbn1Bp1z3ztzcsgROhyhGVovyEi1U5LjbnlixS0Fj-0PgyYC1pr_1T3hig](https://www.sciencedirect.com/science/article/pii/S0165178106001351?casa_token=ss_ba_dUB77MAAAAA:4p8EtJzlpooM7mGbn1Bp1z3ztzcsgROhyhGVovyEi1U5LjbnlixS0Fj-0PgyYC1pr_1T3hig)

Suicide Attempts and Nonsuicidal Self-Injury in the Treatment of Resistant Depression in Adolescents: Findings from the TORDIA Study (Asarnow et al., 2011)


Clinical and Psychosocial Predictors of Suicide Attempts and Nonsuicidal Self-Injury in the Adolescent Depression Antidepressants and Psychotherapy Trial (ADAPT) (Wilkinson et al., 2011)


Suicide rates for females and males by race and ethnicity: United States, 1999 and 2017 (Curtin & Hedegaard, 2019)

- [https://stacks.cdc.gov/view/cdc/79168](https://stacks.cdc.gov/view/cdc/79168)

Clinical Profiles and Health Services Patterns of Medicaid-Enrolled Youths Who Died by Suicide (Fontanella et al., 2020)

- [https://jamanetwork.com/journals/jamapediatrics/article-abstract/2762862](https://jamanetwork.com/journals/jamapediatrics/article-abstract/2762862)

Suicide Ideation and Attempts in a Pediatric Emergency Department Before and During COVID-19 (Hill et al., 2021)