

Presenter Information

Antonia Girard, PsyD, BCBA, LBA

Assistant Professor and Licensed Psychologist, Division of Child and Adolescent Psychiatry, University of Maryland School of Medicine

Links to Resources

Autism Speaks

Challenging Behaviors Tool Kit

- <https://www.autismspeaks.org/tool-kit/challenging-behaviors-tool-kit>

Challenging Behaviors Roadmap for Families

- <https://www.autismspeaks.org/roadmap/challenging-behaviors-roadmap-families>

Kennedy Krieger

New Research on Children with ASD and Aggression

- https://www.kennedykrieger.org/stories/interactive-autism-network-ian/aggression_and_asd?utm_source=iancommunity.org&utm_medium=redirect&utm_campaign=iancommunity.org-article

Psychology Today

The GPS Method: De-Escalating Autistic Meltdowns

- <https://www.psychologytoday.com/us/blog/functional-legacy-mindset/202003/the-gps-method-de-escalating-autistic-meltdowns>

National Council for Adoption

Meeting Children Where They Are: The Neurosequential Model of Therapeutics

- <https://adoptioncouncil.org/wp-content/uploads/2021/09/Adoption-Advocate-No.-160.pdf>

Beacon House

The Three R's: Reaching the Learning Brain

- <https://beaconhouse.org.uk/wp-content/uploads/2019/09/The-Three-Rs.pdf>

Raising an Extraordinary Person

18 Effective De-Escalation Strategies for Defusing Meltdowns

- <https://hes-extraordinary.com/de-escalation-techniques>

Autistic Women & Non-Binary Network

What is Autistic Burnout?

- <https://awnnetwork.org/wp-content/uploads/2020/08/autistic-burnout.pdf>

World Stem Cells Clinic

De-Escalation Strategies: Calming Strategies for Autism Meltdowns

- <https://worldstemcellsclinic.com/blog/de-escalation-strategies-calming-strategies-for-autism-meltdowns/>

Pathfinders for Autism

PFA Tips: Restraints and Seclusion at School

- <https://pathfindersforautism.org/articles/education/parent-tips-restraints-and-seclusion-at-school/#:~:text=Restraint%20is%20physical%20force%20used,are%20physically%20prevented%20from%20leaving>

The Joint Commission

De-Escalation in Health Care

- <https://www.jointcommission.org/-/media/tjc/newsletters/qs-47-deescalation-1-28-18-rev5.pdf>

The Incredible 5-Point Scale

- <https://www.5pointscale.com/>

The Restore Network

Empowering Principle: Sensory Diet

- <https://therestorenetwork.org/empowering-principle-sensory-diet/>

Do2Learn

Educational Resources for Special Needs

- <https://do2learn.com/>